



Cycling in and around the National Park Village

The centre of Lom, Fossbergje, is one of five villages in Norway with a status of the National Park Village. It is a natural getaway to the national parks Jotunheimen, Reinheimen and Breheimen.

Lom is situated under the powerful Mountain Lomseggen. If you want to see the village and its picturesque surroundings from a bicycle seat, we have four route suggestions for you. You can experience amazing culture landscape, old traffic routes, mountain farm landscape, and ascent of Mountain Glittertind!

Routes:

1. Flåklypa around
2. Lia tour
3. Bøverdalen valley
4. To Glitterheim

Highlights:

- A Andvord gard
- B Tor Jonsson stugu croft
- C Nordgard Aukrust /Lyvjaberg
- D Flåklypa

E Bathing place

F Haukdalen

G Kollavegen

H Hamsunstugu

I Mountain farm landscape

J Fishing in Dalsvatnet Lake

K Sagasøyla

L Glittertind

M Cycling in Jotunheimen national park

N Pitfalls

— Main route - - - - - Alternative route



Practical information:

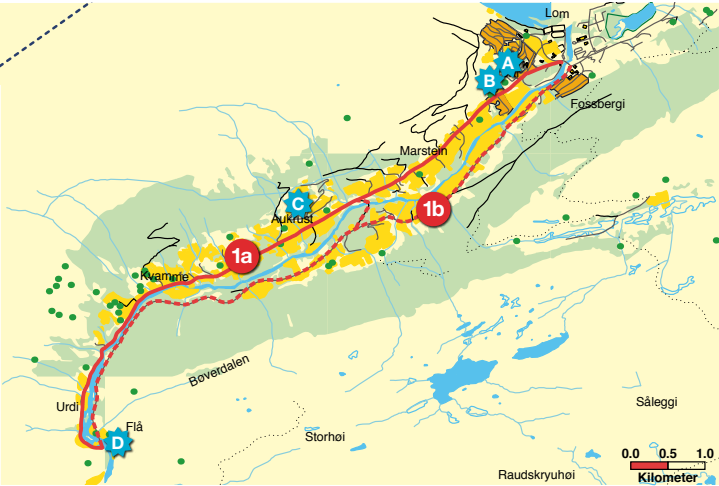
All tours are not tagged and follow asphalt/gravel roads. Different degree of traffic should be reckoned with. Use helmet and reflex vest. Food and drink is always nice to have.

Bike rental:

You can rent a bicycle at the Norwegian Mountain Museum. Rental includes helmet. Day or week rental. Price: 150 NOK/day, 750 NOK/week.

Public transport / bus:

It is possible to bring your bike on a bus for additional fee. Bus schedule is available at the Tourist Information Office, posters on the bus station and at www.opplandstrafikk.no.



1 Flåkløypa around

On this trip you can visit herb garden of Nordgard Aukrust, see the croft where poet Tor Jonsson used to live and experience the landscape that inspired Kjell Aukrust, the famous Norwegian author and artist.

1a Flåkløypa around (20 km):

From Lom centre, turn right and up the road at the Norwegian Mountain Museum, pass Storstaburet until you come to the asphalted road Solsidevegen. Turn left and continue cycling on the road. You will pass Andvord Gard, the old parliament in Lom. This old manorial place is periodically adrift as a usual hotel. About 200 m after Andvord, you will pass the croft where poet Tor Jonsson used to live (signed). The trip continues through a living agricultural landscape with a view through Bøverdalen valley. After 7 km you will come to Flå/Flåkløypa. It was likely from here Kjell Aukrust got the idea of his successful animated film “Flåkløypa Grand Prix” (*En Pinchcliffe Grand Prix*). At Flåkløypa, Solsidevegen comes to County road 55. You can cycle the same way back, or you can take left from here and follow road 55 to Lom centre. It is a busy road, so be careful.

ALTERNATIVE

1b Over Martsteinsbrua (7,5 km):

After 3 km along Solsidevegen, you will come to a hill. In the bottom of the hill, take left, over Marsteinbru Bridge, up the street to road 55, and back to Lom centre. It is a gentle downhill slope back to the National Park Village.

INFO

Difficulty: Easy
Traffic: Some traffic on Solsidevegen. County road 55 is busy.
Road base: Gravel, asphalt
Highlights: **A** Andvord gard
B Tor Jonsson stugu croft
C Nordgard Aukrust /Lyvjaberg
D Flåkløypa



2 Lia tour

On this trip, you will cycle along Ottavatnet River. Swimming is possible several places. At the Åsjo Nature Reserve, you might be lucky to see deer, birds or moose.

2a Lia tour (18 km)

Cycle eastwards of Lom centre, take down left at the Climbing tower, and continue over Tronobrua Bridge. After 7 km, you will come to a crossroad at Sandviksberget. Look up for alternative 2b for route over Flatmogrenda.

Keep cycling on Solsidevegen until “Honnkrysset”-crossroad. Take right here. On a warm summer day, it is nice to take a refreshing dip in the river. For a longer trip along Kollavegen, look up for alternative 2c.

Carry on over the bridge, up to State road 15. Follow the road 1.5 km back to Lom, and take Øvergrendsvegen to the left. On the right, you can see the Åsjo Nature Reserve with its abundant bird life.

ALTERNATIVE

2b Over Flatmogrenda (27 km)

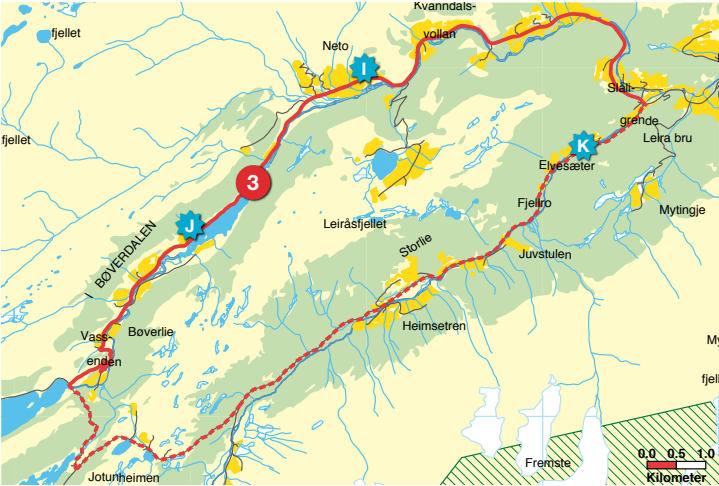
Ascent up Flatmovegen is steep On your trip, you can visit Haukdalen – home of the artist Kitty Wentzel. Get back to Solsidevegen, and cycle back to Lom over Lia Bridge.

2c Kollavegen to Garmo (37 km)

A short distance after the bridge, you can take the detour along Kollavegen, an old protected gravel road with impressive walls and stone foundation. When you come to State road 15, you can cycle 1.4 km to the east to Kvila Turistheim and Skogheim Cafe before returning. You will pass Hamsunstugu on your way. We recommend cycling the same way back, alternative along the busy road 15.

INFO

Difficulty: Easy, slightly rugged (detour 2b – steep; detour 2c – flat/easy)
Traffic: State road 15 is busy. Some traffic on smaller roads.
Road base: Asphalt, gravel on smaller roads.
Highlights: **E** Bathing place
F Haukdalen
G Kollavegen
H Hamsunstugu



3 Bøverdalen valley

A trip along mountain farms' hamlet Netoseter and Dalsvatnet Lake 800 m.a.s.l. Bring your fishing rod, and you might arrange your own dinner.

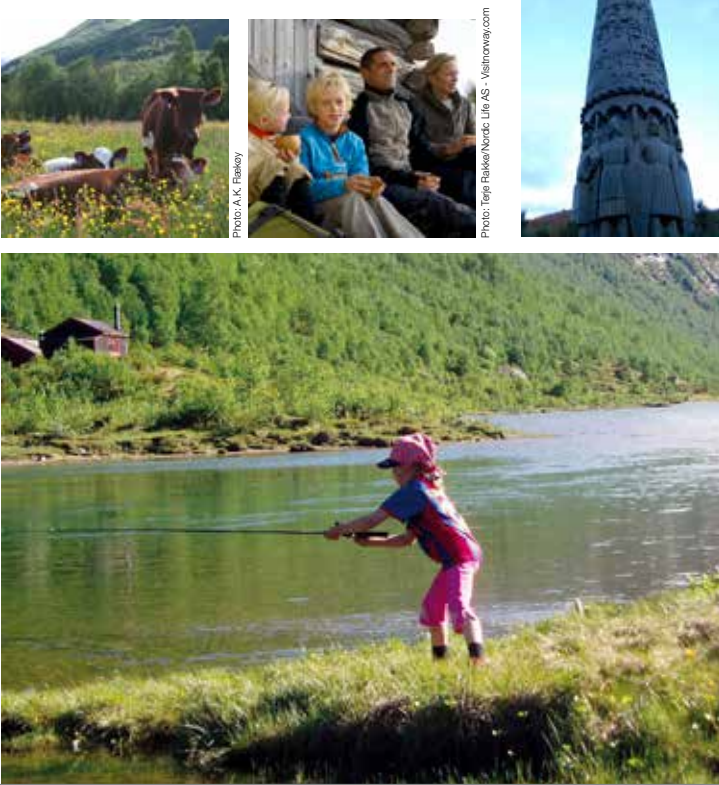
3 Bøverdalen valley (30 km):

If you take a bus or drive a car from Lom, you can cycle on Leirmoen (24 km from Lom). You may take your bike on a bus (additional fee). Cars should be parked across the road at Leirmoen Camping (parking not marked). From Leirmoen, you take the road to Kvanndalsvoll, and ride 2 km uphill before it flattens (you can also drive a car to the place, and park at the toll-bar). You will ride a bike in an agricultural and mountain farm landscape most of the time. Along Dalsvatnet Lake, there are many nice places to rest, and great opportunities for fishing (remember fishing license). After ca. 13 km there is a 2 km ascent up to Høydalsvatnet Lake. If you take the same road back, you will avoid a lot of traffic.

Alternatively, you can continue to County road 55, and take left back to Leirmoen. Very busy road. Long, steep downhill before it flattens. On your ride, you will pass Elvesæter Hotel with its remarkable monument Sagasøyla.

INFO

Difficulty: Demanding (however, you can easily turn around and make the trip shorter)
Traffic: Little traffic along the mountain farms' road/ very busy along County road 55.
Traffic: Asphalt, gravel
Highlights: **I** Mountain farm landscape
J Fishing in Dalsvatnet Lake
K Sagasøyla



4 To Glitterheim

On a ride into Jotunheimen national park. Feel free to combine this trip with accommodation at Glitterheim and a hike to Glittertind (2464).

4a Glitterheim (7 km one way):

From Lom, drive towards Vågå and then Fagernes, along County road 51. On Randsverk, follow signs to the right to Jotunheimen and Glitterheim, County road 51 to the parking lot at the national park border. From here, it is a 7 km fine bike ride or a stroll to Glitterheim Tourist Lodge. You can combine the ascent of Glittertind and stay at the lodge. Bike rental is available at the toll bar (75 NOK one way: National Park Border – Glitterheim)

ALTERNATIVE

4b Randsverk-Glitterheim (30 km one way)

Should you wish a longer trip, you can take the mountain farm road from Randsverk to Glitterheim. The road is tagged from Randsverk to Glitterheim. Gravel road of good standard (toll road) going through mountain farm landscape. When you have passed the farms, the road continues towards snowy mountains through Veodalen valley. Rugged. Note: It is also possible to cycle Glitterheim – Veodalen – Smådalen – Smørlia – Foss – Sologgen, and finish in Lom. Ask the crew at Glitterheim for more information.

INFO

Traffic: Little traffic up to the national park border. No cars in the national park.
Road base: Gravel road
Highlights: **L** Glittertind
M Cycling in Jotunheimen national park
N Pitfalls

